



# Saint FM Community Radio Show Guide



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
00:00 to 07:00	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist
7:00	The Gospel Show	The Breakfast Shine Show	The Breakfast Shine Show	The Breakfast Show Tammy Williams	Mikhails Breakfast Show Michail Harris	Breakfast Show Tammy Williams	Saturday Morning Cappuccino Show Mike Olsson & Tony Brooks
7:30							
8:00	Juke Box Charlie Charles Williams	Daniel & Enid	Sharon Wade	Sharon Wade			
8:30							
9:00							
9:30	A Country Boy						
10:00	Lucas Benjamin						
10:30				The Wednesday Mid Morning Show	The Mid-Morning Show Tammy Williams	Mid Morning Show with Samara Thomas or The Number 1 DJ Show with Lucas Benjamin	Debsilicious Show Debbie (Debbielou) Knipe
11:00							
11:30	To Be Advised	The Monday Brunch Show	The Tuesday Brunch Show	Mikhail Harris			Mid Morning Show Merlin George
12:00		Mikhail Harris or Tammy Williams	Mikhail Harris or Tammy Williams				
12:30							
13:00	Sunday Roast Paul Blake						
13:30				From The Sidelines	Uncle KJ on Thursday Afternoon Keith Joshua	Friday Afternoon Mix Mikhail Harris	Saturday's Flight 96.1 Dustin Cornelson
14:00	World Pop Radio Chris Thomas	The Modern Country Hour Paul Blake	Tuesday Afternoon Rock & Debate Show	Nick Stevens			
14:30				Playlist	Fortnightly Release Radar Show Paul Blake		
15:00	A Taste Of Country Afternoon Show Prudie Joshua	Mixed Bag Colin Peters	The Monday Country Show Patrick 'Beans' Henry	Mike Olsson, Tony Brooks & Ivy Ellick	The Sweet As Honey Show Dustin Cornelson	The Shine Show Sharon Wade	The Shine Show Sharon Wade
15:30							
16:00							Justin's Juicy Jams Justin Pohlman
16:30							
17:00							
17:30							
18:00							
18:30							
19:00							
19:30	Sunday Evening Mix	Sunday Evening Mix	Mixed Bag	The Fresh & Hip Show	Mixed Bag	KJ & Alison's Tuesday Mix	Leigh Plays Your Choice Of Music Leigh Richards
20:00							
20:30	Ian O'Bey	Emerald Newman-Yon	Colin Peters	'Smarty' (Martin) Plato & Terri Clingham	Colin Peters		Carry On Regardless Ian Rummery & Co
21:00							Airwaves Command Arnold Beard
21:30 to 00:00	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Country Night Ralph & Hazel Peters
							Weird & Wonderful Show Stuart Leo
							Stuart Leo & Venessa
							KJ & Alison's Saturday Mix
							Night Playlist

Our show guide often changes depending on workload at the station. 95 percent of our producers / presenters are voluntary and this affects our daily programme guide.  
 Local news is aired: 7 am, 9 am, 12 pm, 2 pm, 4.15 pm, 7 pm & 9.30 pm collated by The St Helena Independent. Announcements throughout the day and at 7 pm & 9.30 pm  
 All times are Greenwich Mean Time (GMT)  
 Saint FM is broadcast on 91.1, 93.1, 95.1 & 107.6 FM On St Helena, 102.7 FM on Ascension, via KTV on The Falklands and via Live Streaming at [www.saint.fm](http://www.saint.fm) and Smart Speakers.