

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
00:00 to 07:00	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist
7:00	The Gospel Show Daniel & Enid	The Breakfast Shine Show Sharon Wade	The Breakfast Shine Show Sharon Wade	The Wednesday Breakfast Show Merlin George	Mikhails Breakfast Show Mikhail Harris	Breakfast Show Tammy Williams	Saturday Morning Cappuccino Show Mike Olsson & Tony Brooks
7:30							
8:00							
8:30							
9:00	Juke Box Charlie Charles Williams	From The Falkland Islands to St Helena with Love Liz Roberts	The Mid Morning Show Mikhail Harris	The Modern Country Show (repeat) Paul Blake	Bobbie Records	Playlist	Debsielicious Show Debbie (Debbielou) Knipe
9:30							
10:00	To Be Advised	Sunday Roast Paul Blake	Tuesday Afternoon Rock & Debate Show Mike Olsson, Tony Brooks & Ivy Ellick	From The Sidelines Steve Kirk & The Gang	Uncle KJ on Thursday Afternoon Keith Joshua	DJ SamsJan17's Sweet Melodies Samara Thomas or The Number 1 DJ Show with Lucas Benjamin	Mid Morning Show Merlin George
10:30							
11:00	A Taste Of Country Afternoon Show Prudie Joshua	The Dusty Boy Show Dustin Cornelson	The Country Show Charlie Williams	DJ Mikey Mikhail Harris	Fortnightly Release Radar Show Paul Blake	The Shine Show Sharon Wade	Saturday's Flight 96.1 Dustin Cornelson
11:30							
12:00	To Be Advised	Playlist	The Country Show Charlie Williams	From The Sidelines Steve Kirk & The Gang	The Shine Show Sharon Wade	DJ Kenix' Friday Feel Show	Airwaves Command (repeat) Arnold Beard
12:30							
13:00	Sunday Evening Mix Ian O'Bey	Mixed Bag Colin Peters	Pines & Needles Show 'Smarty' (Martin) Plato & Terri Clingham	Behind The Screens	Carry On Regardless Ian Rummery & Co	Airwaves Command Arnold Beard	Fortnightly Release Radar Show (repeat) Paul Blake
13:30							
14:00	Sunday Evening Mix Emerald Newman-Yon	Mixed Bag Colin Peters	KJ & Alison's Tuesday Mix	Behind The Screens	Carry On Regardless Ian Rummery & Co	Airwaves Command Arnold Beard	Weird & Wonderful Show Stuart Leo
14:30							
15:00	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	The Shine Show Sharon Wade
15:30							
16:00	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	The Shine Show Sharon Wade
16:30							
17:00	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	The Shine Show Sharon Wade
17:30							
18:00	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	The Shine Show Sharon Wade
18:30							
19:00	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	The Shine Show Sharon Wade
19:30							
20:00	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	The Shine Show Sharon Wade
20:30							
21:00	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	The Shine Show Sharon Wade
21:30							
to 00:00	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist	Night Playlist

Our show guide often changes depending on workload at the station. 95 percent of our producers / presenters are voluntary and this affects our daily programme guide.  
 Local news is aired: 7 am, 9 am, 12 pm, 2 pm, 4.15 pm, 7 pm & 9.30 pm collated by The St Helena Independent. Announcements throughout the day and at 7 pm & 9.30 pm  
 All times are Greenwich Mean Time (GMT)  
 Saint FM is broadcast on 91.1, 93.1, 95.1 & 107.6 FM On St Helena, 102.7 FM on Ascension, via KTV on The Falklands and via Live Streaming at [www.saint.fm](http://www.saint.fm) and Smart Speakers.